

# March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Fish Dijon Garden Rice Peas	2 Salisbury Steak Mashed potatoes Oriental Vegetables	3 Chicken Alfredo Noodles Italian Vegetables	4 Baked Ham Boiled potatoes French green beans	5 Tater tot Casserole Carrots Dinner roll	6 Creole Pork Steak Orzo pasta Broccoli
7 Roast beef w/ gravy Mashed potatoes Buttered Beets	8 Spaghetti w/meat sauce Garlic bread Italian Vegetables	9 Stuffed Salmon Spinach Barley Pilaf	10 Chicken Pot Pie Steamed broccoli Whole wheat roll	11 Glazed Ham Sweet potatoes Peas & onions	12 Crumb topped Fish Au gratin potatoes Carrots	13 Turkey w/ gravy Stuffing Green beans
14 Swiss Stk w/ tomatoes Baked potato Winter Mix Vegetables	15 Pork Chop Scalloped Potatoes Asparagus	16 BBQ Chicken Baked Beans Yellow squash	17 Beef Stroganoff Noodles Beets	18 Ham & Beans Buttermilk Biscuit Coleslaw	19 Tuna Loaf Baked potato Creamed corn	20 Meatloaf w/ gravy Mashed potatoes Key Largo Vegetables
21 Rosemary Pork Loin Potato Medley Cauliflower & peppers	22 Roast Beef w/gravy Mashed potatoes Green beans	23 Chicken & Dumplings Tossed salad	24 Salmon w/ dill Couscous Mixed vegetables	25 Herb Pork Loin Baked potato Capri Blend Vegetables	26 Beef Chili Cornbread Tossed Salad	27 Fried Shrimp Au Gratin potatoes Key Largo Vegetables
28 Pot Roast Potatoes & onions Celery & carrots	29 Fried Chicken w/gravy Mashed potatoes German green beans	30 <i>Resident Pick</i> Halibut Scalloped potatoes Creamed Corn	31 Chicken Fried Steak Mashed potatoes Asparagus			

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